

Living With Raynauds

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Raynauds phenomenon is caused by poor blood circulation and primarily affects the hands and feet, although the face can also be affected. Its estimated that around 80 percent of people living with scleroderma also have Raynauds compared to the general population at just 3.

Primary Raynaud's (Raynaud's disease) and secondary Raynaud's (Raynaud's phenomenon) can be lifelong conditions. However, you can take steps to help. Raynaud's disease causes narrowing of the blood vessels, most commonly in the fingers and toes. Check out our top 10 tips for coping with Raynaud's. Living with Sjogren's and Raynaud's Bundle up: Raynaud's. Raynaud's is a disease that affects circulation of the body due to excessive sympathetic nervous system stimulation. Here are simple tips to. I will be seeing a doctor this month, but it sounds like it is Raynaud's phenomenon. I live in Arizona when in the summer it is over almost every day. We have.

Our mission at wikonews.com is to ensure that patients living with Raynauds as well as their caregivers, family, and friends, have a safe and.

Little did she realise that this was the first sign that she was suffering from a condition that affects around 10% of the population - Raynaud's.

Living with Scleroderma & Raynaud's Disease. Nicola with her 2 dogs. My name is Nicola. I consider myself to be a lucky scleroderma patient.

The TV and radio presenter reveals how she has learned to live with the herself while living with Raynaud's phenomenon, a painful condition.

Raynaud's phenomenon affects approximately one-third of people with I couldn't live without my sheepskin boots/slippers, as they are the. Living With Raynaud's Syndrome. I hate winter. I think I've established that by now. I also thought it was over. We're in April now, spring should. Hypnotherapy Directory - Recent news: Living with Raynaud's.

Raynaud's affects up to 10 million people in the UK. Sharon, who lives with her parents in Bangor, often experiences her whole hands. Living with Raynaud's disease and scleroderma. 4th April ?. originally written in English. By. [hidden]. In at the age of 24, my world as I knew it. Raynaud's phenomenon is an autoimmune disease that causes white, blue or red coloration in your fingers or toes. Discover the symptoms and.

Those living with Raynaud's Syndrome know it can cause pain and discomfort, if not managed properly. Here are some tips to help manage. Females and people living in colder climates are more often affected. A capillaroscopy can help diagnose Raynaud's disease. Raynaud's phenomenon is a common condition that affects the blood supply to further information and advice about living with Raynaud's information on how.

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